

BEING A VOICE IN A SEA OF ECHOS



One of my favorite quotes is from Albert Einstein..."Be a voice, not an echo." It's my reminder; we were all born to be unique. To stand out and be our most authentic and amazing selves. It's from knowing what makes us tick that the real magic comes.

Below are some powerful questions to support you in discovering your beautiful voice. Free-write, allowing whatever comes up to come out on the page.

Here's to becoming that powerfully beautiful voice in that sea of echos.

Question 1:
When you have free time
what do you love doing
and why?

Question 2:
You're a fly on the wall at a party.
Your friends are talking about you;
how would you like them
to describe you?

Question 6:
What makes you an
awesome person?

Question 5:
What's your favorite sense
(i.e. hearing, sight),
and why is it your favorite?

Questions 3 & 4:
What's your favorite season?
What makes it your favorite?

Question 7:
If you were to become an
animal, what animal would you
become and why?

Questions 8:
What do the answers to these
questions tell you about you?

